

2007 Women's Outdoor Track and Field Championship

COLLEGEVILLE, Minn. – The Gustie women enter the final day of competition with a 21-point lead followed by a logjam of teams consisting of St. Thomas (33 points), Carleton (33 points), Saint Mary's (26 points), Concordia-Moorhead (26 points) and St. Olaf (25 points). GAC received titles from junior Sari Lindeman in the long jump (5.36m), senior Janna Castellano in the pole vault (3.60m) and sophomore Lisa Brown in the javelin throw (44.42m). Brown's throw earned her an automatic bid to the NCAA Division III Championships and shattered both the meet and track records. St. Thomas earned victories in both the 4x100-meter (48.05) and 4x800-meter relays (9:17.39). Both times set new meet records.

Bethel junior Nikki Umhoefer set a new track record in the 10,000-meter run with a time of 37:32.83, while Saint Mary's senior Amanda Weinmann did the same in the shot put with a distance of 13.50 meters.

The final day of competition will begin at 2 p.m. at Clemens Stadium in Collegeville.

COLLEGEVILLE, Minn. – The University of St. Thomas won its seventh MIAC Outdoor Championship in eight years and 21st title in the last 23 years with a total of 200.5 points, followed by Gustavus Adolphus (104 points), Bethel (93 points) and Carleton (93 points). The Tommies won seven of the 22 events. The UST 4x100 women's meter relay team comprised of Nikki Arola, Sheena Porter, Kate Staat and Shionna Evans won the MIAC title with a new track and meet record time of 47.94, while the 4x400-meter relay team (Katie Theisen, Shionna Evans, Sheena Porter and Nikki Arola) won the conference crown with a track record time of 3:54.77. Junior Selina Dehn posted a new track and meet record in the triple jump with a distance of 11.98 meters and sophomore Katie Theisen won the 400-meter hurdles with a time of 62.65. Freshman Sheena Porter won both the 100-meter (12.57) and 200-meter (25.57) dashes for the Tommies.

Gustavus Adolphus senior Ashley Clemen won the lone event on Day Two for the Gusties in the discus throw with a new track record distance of 43.03 meters. Hamline senior Amanda Jones won the women's hammer throw with a MIAC Meet and Clemens Stadium record throw of 52.05 meters, while senior Kelsey Barale of Carleton won the 3,000-meter steeplechase with a time of 11:14.37. Barale's time was a NCAA provisional qualifying time and also broke a Clemens Stadium record previously held by Rachel Stangler (11:28.57) of Augustana. Concordia-Moorhead senior Heather Schuster set a new track record in the 1,500-meter run with NCAA provisional qualifying time of 4:33.55.